

SOL SPA PACKAGES

SERENITY NOW! \$160 ~ 2 HOURS

HEAVEN SCENT MASSAGE & EMINENCE ORGANIC FACIAL

Your serenity starts with your nose! Choose one of our custom aromatherapy blends to help guide you into the moment. Relax, uplift & let go as you receive a wonderful full body massage. Next a European style facial to transcend you to serenity. A delicious assortment of cleansers, masks & creams are carefully selected for you & your skin's preference. Magnifique!

BLISS \$170 ~ 2 HOURS

LASTONE THERAPY MASSAGE & EMINENCE ORGANIC FACIAL

The ultimate experience of being in a state of here nor there, somewhere in between awake & asleep.....your mind, your body, your spirit are entangled in a flow of movement. With the use of warm basalt, cool marble you are transcended into deep relaxation. Your passage continues onto a delightful organic sensation of fruits, herbs, flowers & essences to awake the senses & take you on a trip to Hungary! Bon Voyage!

CLOUD NINE \$200 ~ 2.5 HOURS

SOL PEDICURE, BODY & SOUL MASSAGE & EMINENCE ORGANIC FACIAL

Starting with your feet we begin with a luxurious soak & continue with a perfect pedicure. Organic sea salts, shea butter & oil of oregano are some of the ingredients to begin your tour of happiness. A body & soul massage ensues while your feet are tingling with delight. Your last stop begins with a cloud of steam & beautiful essences of the Eminence formula to tantalize, rejuvenate & transport your essence.....

SEVENTH HEAVEN \$165 ~ 2.5 HOURS

BODY & SOUL MASSAGE / SOL MANICURE & PEDICURE

A gift for your well worked hands & tired toes, a gentle soak, a classic manicure and a splendid skilled pedicure to set you in a state of repose. Your treatment continues with a full body massage suited for your preference of a relaxing or firm session. Heavenly!

ELATION \$110 ~ 75 MIN

MINERAL MASSAGE & EXPRESS FACIAL

An exhilarating, exfoliating full body exhalation! Your skin is massaged with pure sea salts and Pacific wild seaweeds, loosening dry skin while stimulating all your senses. Next a sampling of our Eminence facial. A creamy lemon cleanser to begin, a rosehip exfoliation continuing with a suited soothing mask of your choice. Your elation ends with a luxurious Eminence body lotion. Tempting?

DELIGHT \$90 ~ 75 MIN

SOL PEDICURE & EXPRESS FACIAL

Your delight starts with a herbal soak with smooth baby basalt stones to gently massage your feet. Next sit back, lie back on a comfy massage bed while your feet experience a perfect pedicure. While your shiny toes are drying, savour a sweet treat for your face, our pure products from Hungary please the senses. A joy!



EXPERIENCE THE ART & SOUL OF SPA!

Our Sol Purpose is to provide you with exceptional spa services using the finest natural and organic products in all our treatments and to offer a unique experience that nurtures the senses and touches both body and soul.

ENJOY A QUIET & PEACEFUL ATMOSPHERE.

Gift Cards & Side-by-Side Services
ALWAYS AVAILABLE

~ VISIT US ~

5211 Sunshine Coast Highway, Selma Park
Sechelt BC

Please arrive 5 minutes prior to your appointment
and honour our 24 hour cancellation notice.

~ CONTACT US ~

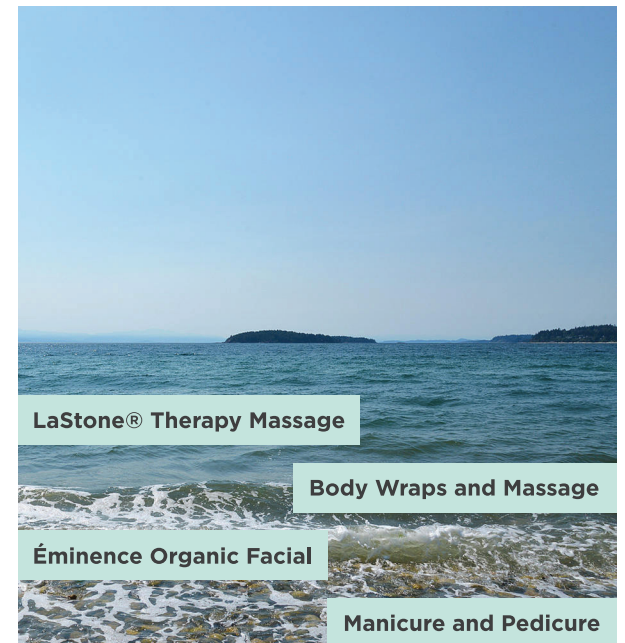
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~ EXPERIENCE THE ART & SOUL OF SPA ~



LaStone® Therapy Massage

Body Wraps and Massage

Eminence Organic Facial

Manicure and Pedicure

MASSAGE



LASTONE® THERAPY MASSAGE \$135~90 MIN

The original Hot Stone Massage involves the use of basalt and marble stones. The stones glide across your body, radiant heat penetrates deep into muscles, accentuated by cool, refreshing highlights. Your head-to-toe massage provides deep relaxation and restores energy and balance.

LASTONE® BACK NECK & SHOULDER \$100~60 MIN

The use of basalt and marble stones facilitate in providing a deeper massage to alleviate muscle ache, tension, pain, chronic or acute. Each treatment is customized to suit your needs.

BODY & SOUL MASSAGE \$125~90 MIN | \$90~60 MIN

Rejuvenate your body and soul with a Swedish massage, suited to your preference of a firm or relaxing experience.

LOMI LOMI \$125~90 MIN | \$90~60 MIN

The flow of 'loving hands' massage will gently and yet deeply allow your entire being to be. The art of this massage is in the continuous flowing strokes, the rhythm of the movement relaxes your body assisting in letting go. By enabling you to relax, your body releases blockages at a cellular level. The practitioner focuses on being completely present, using loving hands and a loving heart to totally nurture from head to toe.

REIKI \$65~60 MIN

The art and techniques of Reiki loosen and balance disturbances in your body. The energy of Reiki and its soothing effects will bring a state of deep relaxation, promote healing and relieve stress. This session will leave you feeling peaceful and refreshed.

SIDE-BY-SIDE SERVICES Add \$10 per person

WAXING | EXTRAS

*These items have prices that may vary

- BIKINI \$25
- BRAZILIAN/FULL BIKINI \$40*
- HALF LEG \$40
- HALF LEG & BIKINI \$55
- FULL LEG \$60
- FULL LEG & BIKINI \$70
- FOREARMS \$20
- FULL ARMS \$30*
- FACE \$20
- BACK \$40*
- UNDERARMS \$20
- LIP \$10
- CHIN \$10
- EYEBROW \$20
- EYEBROW TINT \$10
- EYELASH TINT \$25
- FRENCH MANICURE
- OR PEDICURE ADD \$10
- POLISH CHANGE \$15



FACIALS ÉMINENCE ORGANICS

Revitalize and purify your skin with 100% organic handpicked herbs, fruits and flowers from Hungary. The Éminence formula, with a high level of potency and concentration, is readily accepted and absorbed by the skin. The active nutrients and vitamins nourish and replenish, providing immediate results for a smoother, clearer, more supple and radiant complexion. Your skin is rejuvenated through a refreshing and relaxing experience.

SOL FACIAL \$80~60 MIN

A tasty tune-up for your face. A selection of fruits, flowers and herbs are blended for your skins needs. An organic mixture, rich in antioxidants, vitamins and minerals are massaged in, leaving your skin soft, supple and radiant. For all skin types and skin conditions.

CLEAR SKIN FACIAL \$80~60 MIN

Your cleansing facial focuses on exfoliation with Hungarian herbal mud to clear clogged pores. Stimulating herbs dramatically increase blood flow to detoxify the skin and increase cellular renewal. Cucumber, tea tree, kaolin clay and aloe assist to soothe and heal the skin. This probiotic facial is especially well-suited for oily and acne prone skin.

FIRM SKIN FACIAL \$80~60 MIN

A highly active and stimulating facial using a cocktail of blueberries, blackberries, pineapple and paprika focuses on firming and repairing. This AHA peel refines and clears pores, skin is plumped and smoothed with antioxidant rich ingredients. Suited for normal, dry, aging and sun damaged skin.

CALM SKIN FACIAL \$80~60 MIN

A healing and calming facial treatment. Rosehip contains high quantities of vitamin C, helping to repair irritated skins. Maize and lactic acid gently remove dead skin and arnica, marigold and shea butter nourish, soothe and replenish leaving you with a dewy complexion. Suited for sensitive and rosace a skin.

**ALL ONE HOUR ÉMINENCE FACIALS
INCLUDE A FABULOUS HAND, ARM,
SHOULDER, NECK AND SCALP MASSAGE.**

BODY WORKS

BODY SUGAR SMOOTHIE \$75~60 MIN

Softly glowing is how you will look and feel with these organic sugar scrubs. Ultra refining, hydrating and vitamin rich, your exfoliation begins with your choice of tropical coconut or pear & green apple. Next cozy up under a warming blanket while you receive a gentle facial exfoliation treatment. Your body smoothie finale is with an organic body lotion of your choice.

MINERAL MASSAGE \$75~60 MIN

Absorb yourself with pure mineral salts & Pacific wild seaweeds. This organic body polish will exfoliate, invigorate and moisturize your entire body. This refreshing elixir will help draw out impurities, buff away dead cells to smooth and revitalize your skin along with infusing your body with magnesium, calcium, potassium and powerful antioxidants. The salty scrub is then dissolved with eucalyptus steamed towels and followed with a soothing application of an organic body lotion of your choice.

SAVE YOUR SOLE & MASSAGE \$110~75 MIN

Revitalize & soothe your soles, starting with an exfoliation, then a creamy application of an ultra-rich foot masque. Your feet are stimulated, moisturized & wrapped in warming booties while you lay back and enjoy a full body massage. Eucalyptus steamed towels finish your head-to-toe salvation!

SHEER BLISS BODY WRAP \$110~75 MIN

With the wholesome goodness of green apple & pear you will be whisked off to a sunshine fresh getaway! Your journey begins with the refreshing pear & green apple sugar scrub then a tonic of a firming & nourishing mixture of rooibos tea, orange peel, burdock root, ginseng & lemon. While wrapped in bliss let go with a face and scalp massage. Your finishing touch includes an application of your choice of a body lotion. Restore your vitality and soothe the soul!

SOL MANICURE \$35~45 MIN

Your hands are softened in a warm herbal soak, nails are perfectly manicured following a massage with a nourishing organic hand lotion; finishing with a polish of your choice.

NO POLISH \$30~30 MIN

SOL PEDICURE \$50~60 MIN

Treat your soles and toes with a special pedicure. Your feet are soothed and softened in a bath of refreshing sea salt and basalt stones. Cuticles, nails and calluses are carefully treated, followed by a salty exfoliation. Next a wonderful relaxing massage to sooth areas of tension and finishing with a polish of your choice.

NO POLISH \$45~45 MIN

